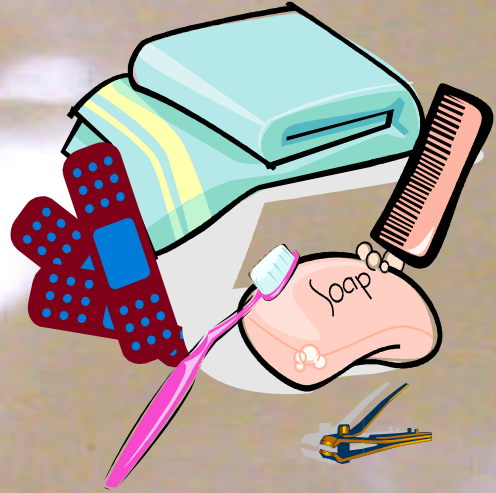


Health Kit Items

Place these items inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27").
No kitchen towels.
- 1 washcloth.
- 1 comb (large and sturdy, not pocket-sized).
- 1 nail file or fingernail clippers (no emery boards or toenail clippers).
- 1 bath-size bar of soap (3 oz. and up. Please **no** Ivory brand soap. It melts during shipping!)
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes).
- 6 adhesive plastic strip sterile bandages.
- \$1.00 to purchase toothpaste (**NOTE:** UMCOR is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before they are sent.)



United Methodist Women: Bring your BIRTHING KITS to Conference!

Place these items inside a sealed one-gallon plastic bag.

- 1 hotel-size bar of soap (1 oz. and up)
- 1 pair of clean latex gloves
- 1 square yard of clear 4 mil plastic sheeting
- 3 pieces of clean string each 12" long
- 1 clean single use razor blade (*carefully wrap the blade in paper or plastic to protect it and keep it from causing injury*)
- 2 flannelette receiving blankets, each 1 square yard

IMPORTANT PACKING INFORMATION

1. All items included in kits must be **NEW** items.
2. All emergency kits are carefully planned to make them usable in the greatest number of situations.
3. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items-nothing more.
4. Do **NOT** include any personal notes or additional materials in the kits (other than the \$1 for toothpaste). These things must be painstakingly removed and will delay the shipment.

*Kits will be shipped to the UMCOR Depot on
Friday morning, June 7*